



Bedfordshire Growers was formed in 1963 to market and pack a range of vegetables from the county.

We have 36 growers within our cooperative, many of them the original group that set up the business.

We are famous for our onions and shallots. We introduced red onions to the UK and are now heavily involved in the promotion of sweet onions.

In 2014 we were awarded the prestigious Vegetable Grower of the Year Award at the national award ceremony. We hope that when you visit BG's you will taste some of our local vegetables of which we are very proud.

Our café is at the heart of our business and we hope that you enjoy your experience at BG's Café.

 these dishes are suitable for vegetarians.

ALLERGEN INFORMATION ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, CEREALS CONTAINING GLUTEN AND OTHER ALLERGENS ARE PRESENT AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE LET US KNOW BEFORE ORDERING. FULL ALLERGEN INFORMATION FOR FOOD AND DRINK IS AVAILABLE, UPON REQUEST.

ALL PRICES INCLUDE VAT AT THE CURRENT RATE.

WE ACCEPT MOST MAJOR DEBIT AND CREDIT CARDS.

ALL DISHES ARE SUBJECT TO AVAILABILITY.

Hot Drinks

	small	regular		
Americano	£1.90	£2.10	Mug of tea	£1.40
Cappuccino	£2.00	£2.25	Pot of tea for one	£1.65
Café Latte	£2.00	£2.25	Pot of tea for two	£2.65
Café Mocha	£2.50	£2.75	Soya Milk	40p
	single	double	Pouring Cream	40p
Espresso	£1.40	£1.60	Fruit & Herbal pot of tea for one	£2.00
Hot Chocolate	£2.50		Flavour Shots	45p
The Works Hot Chocolate	£3.00		· Vanilla · Caramel	
with whipped cream, marshmallows and a flake			· Cinnamon · Hazelnut	
			· Other varieties available	

Cold Drinks

Coke/Diet Coke	£1.30	Frappés	£3.25
Sprite	£1.30	Cold, creamy frappé served with whipped cream. Choose from:	
Victorian Lemonade	£2.10	· Vanilla · Chocolate · Caramel	
San Pellegrino Orange	£1.80	· Coffee · Strawberry and Cream or	
Elderflower Presse	£2.05	· Summer Fruits	
Fruit Juices - Orange or Apple	£2.05	Ice Blend Smoothies	£3.25
Sparkling Water	£1.30	From concentrate fruit smoothie with crushed ice. Choose from:	
Still Water	£1.30	· Mango · Summer Fruits · Strawberry	
Glass of milk	£1.25	Fresh Fruit Smoothies	£3.25
Fruit Shoot	£1.10	Frozen fresh fruit blended with fruit juices. Choose from:	
Kids Juice Carton [Apple or Orange]	75p	· Pash'n'shoot · Berry-go-round	
Milkshake	£2.50	· Strawberry split · Melon Refresher	
Vanilla, Strawberry, Chocolate or Banana		· Big 5 · Grape Escape	

Alcoholic Beverages

			Glass 125ml	Bottle 75cl
Cider	500mls [4.5%]	£3.95	White Wine [12%]	£3.25 £13.99
Bottled Beer	330mls [4.5%]	£3.95	Red Wine [13.5%]	£3.25 £13.99



Menu



www.bedgrow.co.uk telephone: 01767 319205

BG's CAFÉ, BEDFORDSHIRE GROWERS, POTTON ROAD, BIGGLESWADE, BEDFORDSHIRE SG18 0ER

www.bedgrow.co.uk telephone: 01767 319205

Breakfasts

SORRY NO SUBSTITUTIONS CAN BE MADE

FULL ENGLISH BREAKFAST £6.95

- Two slices back bacon
- One Cumberland sausage
- Hash brown
- Mushrooms
- Beans
- Egg
- Grilled tomato
- Toast
- Includes Tea or regular coffee

SMALL BREAKFAST £4.95

- Two slices back bacon
- One Sausage
- Egg
- Beans
- Toast

VEGETARIAN BREAKFAST £4.95

- Duo of eggs
- Mushrooms
- Grilled tomatoes
- Hash brown
- Beans
- Toast

PICK AND MIX Choose any item £1.00

- Bacon · Sausage · Hash brown
- Mushrooms · Beans
- Tomatoes · Egg

EGGS ON TOAST £3.95

Fried, poached or scrambled on white or brown toast

BREAKFAST BAGUETTE

One filling	£3.50
Extra items	£1.00

BREAKFAST BAPS or SANDWICH

Choose from: Sausage, bacon or egg

One filling	£3.00
Extra items	£1.00

TOAST

Two slices of toast & butter	£1.00
Two slices bread & butter	£1.00
Toasted teacake & butter	£1.95
Jam or marmalade	50p
Extra butter	20p

Brunch

EGGS BENEDICT £4.95

Toasted English muffin served with bacon, two poached eggs topped with hollandaise sauce and rocket.

EGGS FLORENTINE £4.95

Toasted English muffin served with spinach, two poached eggs and topped with hollandaise sauce.

BG'S SPECIAL £5.95

Toasted English muffin with smashed avocado, bacon and two poached eggs topped with rocket.

AMERICAN PANCAKES £3.95

Three American style pancakes topped with maple syrup or chocolate sauce.

- Add a slice of bacon for an extra £1

BELGIAN SWEET WAFFLE £3.95



Waffle served with maple syrup or chocolate sauce. Choose from ice cream or whipped cream.

Main Meals

JACKET POTATOES £6.45

Served with salad garnish and French dressing. Freshly cooked to order with one filling from the list below

Extra filling £1.00

- Baked beans  · Cheese 
- Chilli con carne · Tuna mayonnaise
- Coronation Chicken
- Prawn in Marie Rose sauce

HAM EGG & CHIPS £7.95

Hand carved ham with 2 fried eggs & chips

CLASSIC BEEFBURGER £7.45

6oz Beefburger in a toasted bun served with chips and salad

DELUXE BEEF BURGER £8.45

6oz beef burger topped with Cheese and bacon served with chips and salad

GOURMET MEAT FEAST BURGER £8.45

6oz Beefburger topped with BBQ pulled pork and cheese served with chips and salad

CHICKEN BURGER £7.45

Southern fried chicken fillet in a toasted bun served with chips and salad

VEGETARIAN BURGER £7.45

Mix of beans, potato, sweet potato, mozzarella, red peppers and tomatoes, seasoned with smoked paprika and coated in breadcrumbs. Served in a toasted bun with chips and salad garnish

CHICKEN TIKKA £7.45

Chunky pieces of marinated chicken in a creamy, medium spiced tomato curry sauce with added yoghurt. Served with naan bread and choose from rice or chips

SWEET POTATO CURRY £7.45

Chunky diced sweet potato with chickpeas, diced red peppers and spinach, in a mild spiced coconut curry sauce. Served with rice or chips

MUSHROOM STROGANOFF £7.95

Mushrooms in a creamy sauce with paprika. Served with a side salad, and choose from chips or rice

CHILLI CON CARNE £7.95

Minced beef, fiery jalapeno peppers, red kidney beans and mixed peppers in a spicy tomato sauce. Served with rice or chips

3 BEAN SMOKEY CHILLI £7.95

Smokey spiced tomato sauce with red peppers, yellow peppers, kidney beans, cannellini and black turtle beans Served with rice or chips

OMELETTE £7.45

Three egg omelette served with chips and salad. Choose one filling from: ham, cheese, mushroom or tomato EXTRA FILLINGS £1

SWEET CHILLI CHICKEN DIPPERS £7.45

Served with chips and salad with French dressing

WHOLE TAIL SCAMPI £8.45

Served with chips, garden peas and tartare sauce

BREADED PLAICE FILLET £8.45

Served with chips, garden peas and tartare sauce

BATTERED COD FILLET £8.45

Served with chips, mushy peas and tartare sauce

SIDE ORDERS

Choose from: chips, jacket potato, fries or a salad bowl	£2.50
Sweet potato fries	£3.50

Light Bites


HOMEMADE SOUP £4.95

Served with baguette

SANDWICHES £4.75

White or brown bread served with salad garnish and French dressing


Choose from:

- Traditional cheddar cheese & Branston Pickle 
- Chicken & bacon mayonnaise · Tuna mayonnaise
- Coronation chicken · Sweet chilli chicken
- Home cooked ham · BLT bacon lettuce and tomato
- Prawn Marie Rose & lettuce

BAGUETTES £5.50

Served with salad garnish and French dressing




Choose from:

- Cheddar cheese & Branston Pickle 
- Home cooked ham · Tuna mayonnaise
- Coronation chicken · Sweet chilli chicken
- Chicken & bacon

PANINI £5.25

Served with salad garnish and French dressing

Choose from:

- Brie and Bacon
- Brie and Cranberry 
- Emmenthal, mushroom and rocket 
- Mozzarella, pesto and sliced tomato 
- Ham and cheese
- Tuna and cheese
- BBQ pulled pork with cheese
- Chicken and bacon mayonnaise
- Sweet chilli chicken

CLUB SANDWICH £6.45

Triple decker toasted bread sandwich served with salad garnish with French dressing with chicken breast fillet, bacon, lettuce, mayonnaise and tomatoes

FISH FINGER SANDWICH £6.45

Cod fillet goujons in a light and crispy batter served on a bed of lettuce with tartare sauce, on white or brown bread

SENIOR CITIZENS MENU

2 for £10.00

MONDAY TO WEDNESDAY ONLY

[Minimum 2 meals must be ordered. Deluxe and gourmet beef burger at £1.00 extra each]

Enjoy two meals of your choice from our main meals menu as a smaller portion

Please confirm senior meal when ordering at the till.

Kids

CHILDREN'S MENU £3.95

- Chicken nuggets and chips
 - Sausage and chips
 - Fish fingers and chips
- Select from either beans or peas
Includes carton of apple or orange juice

CHILDREN'S LUNCH BOX £2.95

- Choose from tuna, cheese or ham sandwich, white or brown bread.
- Packet of Pom bears crisps
- Box of raisins
- Apple or Orange juice carton

ICE CREAM (PER SCOOP) £1.00

- Vanilla, chocolate or strawberry

Cakes

We have a selection of fresh cakes that can be seen on the counter from £2.00 per portion.

Cream Tea served with tea or coffee, fruit scone, clotted cream & jam £4.75

Fruit Scone and butter £1.95

Desserts

SYRUP SPONGE [GF AVAILABLE] £3.95

With cream, custard or ice cream

JAM SPONGE £3.95

With cream, custard or ice cream

SPOTTED DICK PUDDING £3.95

With cream, custard or ice cream

APPLE CRUMBLE £3.95

Topped with crunchy crumble served with cream, custard or ice cream

BELGIAN SWEET WAFFLE £3.95

Served with chocolate sauce or maple syrup topped with fresh cream or ice cream